

CANDLELIGHT HOMECARE SERVICES

MAKING LIFE EASIER



**SPECIALIST SERVICE
FOR STROKE SURVIVORS**

 candlelight
homecare services

Care for Stroke Survivors



Stroke Facts

Every year, an estimated 150,000 people in the UK have a stroke. Most people affected are over 65, but anyone can have a stroke, including children and even babies.

If it has happened to you, or someone you care for, you'll want to know as much as you can about what happens afterwards - how to work towards getting back to normal life as much as possible, or learning to cope with the after-effects of stroke.

Recovery from Stroke

Recovery from a stroke can be a long, slow and gradual process and most people will not be fully recovered when it's time to leave hospital. They are likely to need ongoing rehabilitation at home and this can be a daunting time, not only for the person who has had the stroke, but for the person who is caring for them.

This is why Candlelight Homecare have put in place a highly trained team who specialise in caring for Stroke survivors once they are back in their own homes. They understand the effects that a stroke can have on the stroke survivor and their family and friends.

Caring for someone who has had a stroke is physically and emotionally demanding. You may need help with even simple tasks like washing and dressing. You may have difficulty understanding and communicating your wishes and feelings. You may experience depression or have mood swings. After the initial recovery from a stroke, improvements are gradual and this can be frustrating for everyone.

Short-term Support

In the short term a community or district nurse may make regular home visits to help with medication, take blood-pressure measurements, arrange for equipment such as a wheelchair, commode or hoist to be provided through social services.

Other short term specialists may be provided to help your rehabilitation at home such as:

- A speech and language therapist
- A continence adviser
- A physiotherapist, to help with mobility and movement problems
- An orthotist, to help with support and control of limbs
- A dietitian, for advice on a healthy diet
- An occupational therapist
- A community psychiatric nurse
- A chiropodist

How can Candlelight help?

But what do you do when the short term care you are entitled to ends? Or what if you need extra assistance over and above what is being provided?

This is where Candlelight can help. We can provide care staff, trained by the Stroke Association, who will be sensitive to your needs and those of your family.

There are a number of ways that they can support you, from assistance with normal everyday tasks such as washing, dressing, shopping and light housework, through to more complex care or providing respite cover for your main carer.

Our staff can work alongside some of the healthcare professionals, such as the physiotherapist and speech therapist, to help encourage, prompt and assist you with rehabilitation exercises. They will work with you to create a Life Book to aid communication and ease possible frustration. We can also provide handyman services to help with household or gardening tasks.

Your Safety First

All our staff are highly trained and go through rigorous employment and criminal record checks before they are allowed to come to you.

Candlelight is registered with the Commission for Social Care Inspection (CSCI) and accredited by the UK Care Home Association and the Social Care Association.

We have a proven track record of delivering high quality care for over twenty years. Our clients and their families are always at the centre of everything we do.

Whether you need intensive 24 hour live-in support or just a helping hand Candlelight can offer you the support you need to make your life easier.

For further information about how we can help, contact your nearest Candlelight office, where a friendly advisor will be happy to talk to you.



“They’ve been a lifesaver... I really don’t know what I would have done without them.”



What our clients say about us:

'I cannot speak highly enough of the carers who come to me. I would be completely devastated and lost without them. It's so nice to have the same girls regularly, I feel so comfortable with them. Thank You!

Mrs M, Shepton Mallet

'We look forward to the four visits we receive each day. They are always cheerful and make us laugh' **Mr H, Westbury-sub-Mendip**

'The service I receive has always been very good and my life is made much easier by it' **Mr C, Wells**

'They are all lovely girls and they make my life so much happier. It brightens up my day'. **Mrs H, Holcombe**

'Excellent is not enough (praise) for your carers' **Mrs M-C, Frome**

'Mum is very pleased with the care she has. The family thank you very much for the care you give her each day'. **Mrs E, Street**

'The girls are always cheerful and I always feel good when they have been to see me' **Mr. P, Wadhurst**

'The carers are always so cheerful and helpful; and the office staff very obliging at arranging visits when needed' **Mrs P, Cowbeach**

'I would like to say a big thank you for your help. It gives my family a break from coming twice a day to me' **Mrs S, Ringmer**

'With the aid of the carers visits to me, it gives me the confidence to stay in my own flat' **Mr G, Heathfield**

CANDLELIGHT CONTACT INFORMATION:

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